

A photograph showing three hikers in a dense, lush forest. One hiker in a blue jacket is sitting on a mossy log, while two others, one in a grey jacket and one in a light green jacket, stand nearby. The forest is filled with large green ferns and other vegetation.

3 Day Guided Wilderness Guest Information

Welcome

We are delighted that you have chosen to join us on the Hollyford Track three day / two night all inclusive guided wilderness experience.

Soon, you'll be exploring undisturbed and inspiring scenery that has remained largely untouched for thousands of years, from the snow-capped mountains of the majestic Southern Alps, ancient native rainforest, pristine rivers and lakes to the remote sand dunes, reef and surf of the rugged West Coast. Your expert guide will bring to life the diversity of landscapes, vegetation and wildlife within this beautiful valley, as well as the captivating stories of the original Maori and early pioneers. The experiences are just as diverse and include hiking through 'World Heritage' wilderness, native wildlife encounters, wilderness jet-boating, exploring historical sites, and a scenic helicopter flight to Milford Sound. You can look forward to first rate cuisine prepared and served by our friendly lodge hosts while relaxing in our well-appointed and comfortable private lodges.

Health & Fitness

The Hollyford Track is well formed and being a valley walk is suitable for most ages (8+) and abilities. That said, the days are long. Day one in particular can be quite tiring for some as you walk 19.5km in approximately 7 hours. If you have a reasonable level of fitness you will find it pleasantly challenging, and highly rewarding! If you are unsure about your level of fitness have a look at our useful training tips, featured on our website in the 'Guest Info' section.

Travel Insurance

We highly recommend that all walkers (both visitors to New Zealand and NZ Residents) have personal travel / medical insurance. In particular to cover any costs associated with injury or evacuation and to guard against loss of walk, accommodation and flight fares paid caused by an eventuality necessitating cancellation of a trip. Whilst ACC will cover NZ Residents for medical emergencies and accidents on the track, we recommend travel insurance to cover cancellations due to reasons such as: falling ill prior to your departure / a sprained ankle whilst partaking in another activity / a bereavement / missing a flight to Queenstown and therefore missing your departure etc.. Please note: International visitors will only be covered by ACC for accidents (not medical emergencies).

Luggage and Vehicles

You will need to make arrangements for any un-required luggage and/or vehicle to be stored at your accommodation. To make this easier we recommend that you stay at the same accommodation before and after your walk as generally they will be happy to store items for you if you are staying with them upon your return.

Pre-Departure Briefings

All pre-departure briefings are held at 5:30pm the day before your departure date (please check-in at 5:25pm)

Queenstown The Spire Hotel,
3-5 Church Lane, Queenstown

Te Anau Fiordland Cinema,
7 The Lane, Te Anau

We Provide

Meals Breakfast (days 2&3), lunch, dinner, snacks

Bedding / Linen / Towels

Toiletries Soap, shampoo (hair dryers also provided)

Walking gear Backpacks, day packs, pack liners, rain jacket

**HOLLYFORD
TRACK** FIORDLAND
NATIONAL PARK
NEW ZEALAND

www.hollyfordtrack.com

You need to bring

Given what we provide, you don't need to bring a lot of gear nor carry a heavy pack.

The contents of what you need to bring will fit in a medium sized backpack, weighing approximately 5-7kg. You will be required to carry this on 'Day 1' only.

On 'Day 2' and 'Day 3' all you need to carry is a small day pack (which we provide at Pyke Lodge) for your essentials such as a rain jacket, water bottle, camera and insect repellent. We use our jet boat to transfer the rest of your gear between the lodges.

Fiordland has very unpredictable weather that can change dramatically, very quickly. It is important that you are prepared with the appropriate equipment and clothing.

We do not recommend walking in cotton, silk or denim garments. They are unsuitable for Fiordland conditions as they do not breathe and can be cold as well as heavy when wet. A light weight walking shirt can be carried for hot days.

Both lodges have drying rooms, so if your gear does get wet it should dry overnight if lightweight and fast drying.

We do recommend taking the preventative approach to blisters, by taping up pressure points e.g. heels.

Whilst we have backpacks and rain jackets for you to borrow, we do advise bringing your own backpacks and 100% waterproof rain jackets, if you have them, as they are likely to be more comfortable.

Check List

Walking Gear

- Base layer - wool or polypropylene thermal long sleeve and long leg
- First layer - wool or micro fleece long sleeve
- Mid layer - warm jumper or jacket (wool or fleece, preferably windproof)
- Outer layer - 100% waterproof rain jacket with hood (we can provide if you don't have one)
- Trouser - quick dry hiking trousers (zip offs give a good shorts option)
- Boots - hiking boots (preferably with ankle support and well 'broken-in')
- Socks - wool or thermal blend
- Hat - wool / fleece for when cold & peaked / brimmed for when hot

Evening Gear

- First layer - shirt or t-shirt
- Mid layer - jersey, jumper or sweater
- Trouser - lightweight trousers or track pants
- Night wear - whatever you like to sleep in

- Underwear / Socks
- Additional footwear - light shoes, sandals or jandals for the lodges

Other / Personal Preference Items

- Gloves - wool or fleece
- Waterproof trousers
- Walking poles

Accessories

- Water bottle - 750ml (bottles are recommended as easier to fill up from streams)
- Sunscreen - SPF 30+
- Insect repellent (we also recommend anti-histamines if you react badly to bites)
- Blister pack - 'Second Skin' or other blister protection
- Toiletries - toothbrush, toothpaste, deodorant, conditioner
- Medications
- Camera - with memory card / spare film and charger / batteries
- Money - credit card or cash for beer, wine and souvenirs



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