

2 Day Fiordland Heli Escape Guest Information

Welcome

We're delighted you'll be joining us on the H2 Day Fiordland Heli Escape

The nearest sealed road is 35km away; access is by air or boat alone. Your nearest neighbours are a colony of fur seals and the only sounds are the distance crash of waves on the rugged coastline.

Welcome to Martins Bay, Fiordland.

Martins Bay is a very special part of Fiordland; remote as it is beautiful, and we want you to get the most out of your 2 Day Fiordland Heli Escape. We've put together a summary of the key facts and information you'll need to know before you start your journey.

You need to bring

Bring your hiking boots and smile, we'll take care of the rest.

The 2 Day Fiordland Heli Escape is suitable for most abilities and ages (children from aged 10 and up). We provide small day packs to carry your essentials, all meals and accommodation needs so all you need to bring is suitable clothing, a good pair of walking boots and a smile.

The walks on each day are approximately 6 - 7km in length and will take 2 - 3 hours. They are not rigorous and the terrain is largely flat or very gently undulating through forest and coastal bush.

That said, the ground is very uneven in parts, and while we can tailor the pace of the walk to the group, it is important you have fully supportive hiking boots to help you navigate the often rocky and slippery terrain.

If you have a reasonable level of agility and fitness, enjoy walking frequently and are able to walk continually for around one hour you will most likely be very capable of completing our 2 Day Heli Escape trip.

www.hollyfordtrack.com

We Provide

Meals

Day 1: Lunch & dinner

Day 2: Breakfast, morning tea

A selection of beer, wine and soft drinks are available for purchase.

Specific dietary requirements can be catered for; please advise our team.

Bedding / Linen / Towels

Lodge accommodation is 8 rooms with 2 bunk style beds in each.

Toiletries Shampoo, conditioner & shower gel (hair dryers also provided)

Bathrooms are shared unisex facilities at Pyke Lodge and Mens / Womens at Martins Bay.

Walking gear

Day packs

Pack liners

Rain jacket

Walking poles



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TRACK** FIORDLAND
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You need to bring

Walking Gear

- Base layer - wool or polypropylene thermal long sleeve and long leg
- First layer - wool or micro fleece long sleeve
- Mid layer - warm jersey or jacket (wool or fleece, preferably windproof)
- Outer layer - 100% waterproof rain jacket with hood (we can provide if you don't have one)
- Trouser - quick dry hiking trousers (zip offs give a good shorts option)
- Boots - hiking boots (preferably with ankle support and well 'broken-in')
- Socks - wool or thermal blend
- Hat - wool / fleece for cold & peaked / brimmed for when hot
- Gloves - wool or fleece
- Waterproof trousers and gaiters (optional)
- Walking poles (we can provide these if you need them)

Evening Gear

- First layer - shirt or t-shirt
- Mid layer - jersey or sweater
- Trouser - lightweight trousers or track pants
- Night wear - whatever you like to sleep in
- Underwear / Socks
- Additional footwear - light shoes, sandals or jandals for the lodges

Other

- Travel insurance - we strongly recommend all guests, both N.Z. residents and visitors have this.
- Have you made arrangements for any un-required luggage and/or vehicle to be stored?

Accessories

- Water bottle - 750ml bottles are recommended as easier to fill up from streams
- Sunscreen - SPF 30+
- Insect repellent (we also recommend anti-histamines if you react badly to bites)
- Blister pack - 'Second Skin' or other blister protection
- Toiletries - toothbrush, toothpaste, deodorant
- Medications
- Camera - with memory card / spare film and charger / batteries
- Money - credit card or cash for beer, wine and souvenirs

For more information on these points, please see the FAQ section of our website: www.hollyfordtrack.com/two-day-heli-escape/faqs-page/

