

# 3 Day Wilderness Experience

## Guest Information

### Welcome

#### We're delighted you'll be joining us on the Hollyford Track 3 Day Wilderness Experience

You'll be exploring a remote and inspiring landscape that's remained largely untouched for thousands of years, from snow-capped mountain peaks to the rugged surf of the west coast.

Your expert guide will bring to life the diversity of landscapes, vegetation and wildlife within this beautiful valley, as

well as the captivating stories of the original Māori and early pioneers.

The Hollyford Valley is as unique as it is remote, and we want to make sure you get the best out of your 3 Day Wilderness Experience. We've put together a summary of the key facts and information you'll need to know before you start your Hollyford journey.

### You need to bring

#### A reasonable level of fitness and a light pack will ensure you get the most from your experience.

The Hollyford track is mostly well-formed but does contain some challenging, uneven terrain in parts.

It's essential you have comfortable hiking boots and that you keep your pack as light as possible as you'll be carrying it for the full length of day 1 (19kms).

If you follow our check list opposite, your pack should weigh no more than 8kg. Once you've completed day 1, we'll supply you with a smaller day pack for the essentials on days 2 and 3, while your main pack will be transported via jet boat between the lodges.

The weather in Fiordland is unpredictable and can change rapidly. It is important that you are prepared with the appropriate equipment and clothing.

We don't recommend walking in cotton, silk or demin garments as these are unsuitable for Fiordland conditions.

Both our lodges have drying rooms and lightweight, quick-drying clothing has a better chance of drying overnight if it does get wet.

We recommend taking a preventative approach to blisters, by taping up pressure points e.g. heels and making sure your boots are well worn in.

Fiordland is also known for its sandfly population so insect repellent is essential and long sleeves are recommended.

Whilst we have backpacks and rain jackets for you to borrow, we advise bringing your own backpacks and 100% waterproof rain jackets, if you have them, as they are likely to be more comfortable.

### Pre-Departure Briefings

We ask that all guests attend the the briefing. This is where you will pick up your borrowed pack and raincoat, meet your fellow walkers and make sure you have everything you need for your trip.

**Queenstown** The Spire Hotel,  
3-5 Church Lane, Queenstown

**Te Anau** Distinction Te Anau Hotel  
64 Lakefront Drive, Te Anau

### We Provide

#### Meals

Day 1: Lunch & dinner  
Day 2: Breakfast, lunch & dinner  
Day 3: Breakfast & lunch

A selection of beer, wine and soft drinks are available for purchase.

Specific dietary requirements can be catered for; please advise our team.

#### Bedding / Linen / Towels

Lodge accommodation is 8 rooms with 2 bunk style beds in each.

**Toiletries** Shampoo & conditioner and shower gel (hair dryers also provided)

Bathrooms are shared unisex facilities at Pyke Lodge and mens / womens at Martins Bay lodge.

#### Walking gear

Backpacks  
Day packs  
Pack liners  
Rain jacket  
Walking poles



## You need to bring

### Walking Gear

- Base layer - wool or polypropylene thermal long sleeve and long leg
- First layer - wool or micro fleece long sleeve
- Mid layer - warm jersey or jacket (wool or fleece, preferably windproof)
- Outer layer - 100% waterproof rain jacket with hood (we can provide if you don't have one)
- Trouser - quick dry hiking trousers (zip offs give a good shorts option)
- Boots - hiking boots (preferably with ankle support and well 'broken-in')
- Socks - wool or thermal blend
- Hat - wool / fleece for cold & peaked / brimmed for when hot
- Gloves - wool or fleece
- Waterproof trousers and gaiters (optional)
- Walking poles (we can provide these if you need them)

### Evening Gear

- First layer - shirt or t-shirt
- Mid layer - jersey or sweater
- Trouser - lightweight trousers or track pants
- Night wear - whatever you like to sleep in
- Underwear / Socks
- Additional footwear - light shoes, sandals or jandals for the lodges

### Other

- Travel insurance - we strongly recommend all guests, both N.Z. residents and visitors have this.
- Have you made arrangements for any un-required luggage and/or vehicle to be stored?

### Accessories

- Water bottle - 750ml bottles are recommended as easier to fill up from streams
- Sunscreen - SPF 30+
- Insect repellent (we also recommend anti-histamines if you react badly to bites)
- Blister pack - 'Second Skin' or other blister protection
- Toiletries - toothbrush, toothpaste, deodorant
- Medications
- Camera - with memory card / spare film and charger / batteries
- Money - credit card or cash for beer, wine and souvenirs

For more information on these points, please see the FAQ section of our website : [www.hollyfordtrack.com/three-day-guided-wilderness-experience/faqs/](http://www.hollyfordtrack.com/three-day-guided-wilderness-experience/faqs/)

